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Efeze 5

- 1 So imitate God, as his dear children;
- 2 and live a life of love, just as also the Messiah loved us, indeed, on our behalf gave himself up as an offering, as a slaughtered sacrifice to God with a pleasing fragrance.
- 3 Among you there should not even be mentioned sexual immorality, or any kind of impurity, or greed; these are utterly inappropriate for God's holy people.
- 4 Also out of place are obscenity and stupid talk or coarse language; instead, you should be giving thanks.
- 5 For of this you can be sure: every sexually immoral, impure or greedy person — that is, every idol-worshipper — has no share in the Kingdom of the Messiah and of God.
- 6 Let no one deceive you with empty talk; for it is because of these things that God's judgment is coming on those who disobey him.
- 7 So don't become partners with them!
- 8 For you used to be darkness; but now, united with the Lord, you are light. Live like children of light,
- 9 for the fruit of the light is in every kind of goodness, rightness and truth —
- 10 try to determine what will please the Lord.
- 11 Have nothing to do with the deeds produced by darkness, but instead expose them,
- 12 for it is shameful even to speak of the things these people do in secret.
- 13 But everything exposed to the light is revealed clearly for what it is,
- 14 since anything revealed is a light. This is why it says, "Get up, sleeper! Arise from the dead, and the Messiah will shine on you!"
- 15 Therefore, pay careful attention to how you conduct your life — live wisely, not unwisely.
- 16 Use your time well, for these are evil days.
- 17 So don't be foolish, but try to understand what the will of the Lord is.
- 18 Don't get drunk with wine, because it makes you lose control. Instead, keep on being filled with the Spirit —
- 19 sing psalms, hymns and spiritual songs to each other; sing to the Lord and make music in your heart to him;
- 20 always give thanks for everything to God the Father in the name of our Lord Yeshua the Messiah.
- 21 Submit to one another in fear of the Messiah.
- 22 Wives should submit to their husbands as they do to the Lord;
- 23 because the husband is head of the wife, just as the Messiah, as head of the Messianic Community, is himself the one who keeps the body safe.
- 24 Just as the Messianic Community submits to the Messiah, so also wives should submit to their husbands in everything.
- 25 As for husbands, love your wives, just as the Messiah loved the Messianic Community, indeed, gave himself up on its behalf,
- 26 in order to set it apart for God, making it clean through immersion in the mikveh, so to speak,
- 27 in order to present the Messianic Community to himself as a bride to be proud of, without a spot, wrinkle or any such thing, but holy and without defect.
- 28 This is how husbands ought to love their wives — like their own bodies; for the man who loves his wife is loving himself.
- 29 Why, no one ever hated his own flesh! On the contrary, he feeds it well and takes care of it, just as the Messiah does the Messianic Community,
- 30 because we are parts of his Body.
- 31 "Therefore a man will leave his father and mother and remain with his wife, and the two will become one."

[32](#) There is profound truth hidden here, which I say concerns the Messiah and the Messianic Community.

[33](#) However, the text also applies to each of you individually: let each man love his wife as he does himself, and see that the wife respects her husband.

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